THE ISLES Inside Edition

January 2019

Isles of Sarasota H.O.A.
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TOYS FOR TOTS

The Isles Bicycle Club would like to give a big "THANK YOU" to all the residents who contributed to our 2018 Toys For Tots drive. Your contributions of toys was very generous.

We met our Marine contact at Captain Eddy's restaurant on December 13 and transferred the toys to his truck. He was most thankful for the donations.

Thank you again for your continued support of our annual collection.

The Isles Bicycle Club

We want to give a special "THANKS" to BrightView Landscaping for sponsoring the Ring Sarasota (Bell Ringers) event.

CLASS SCHEDULE

YOU MUST SIGN UP IN ADVANCE IN THE ACTVITY BOOK FOR EVENTS

Cardio Sculpt: Each **Friday @ 9:30am.** Featuring 30-40 minutes of cardio using 1 to 5 pound hand weights combining aerobic activity with sculpting of the entire body. The 60 minute class also includes core work and stretching. Please bring 1 to 5 pound hand weights, a mat and water with you to class. Participants can choose to not use hand weights if they prefer. Fee $7.00 per class. Taught by Janie Gibson, Certified Group Fitness Instructor. Arrive early to sign up with instructor. For more information call Janie at 941-735-9370.

Fitness Equipment Orientation: Thursday, January 24 @ 11:30am-1:00pm. Personal Trainer Janie Gibson will show you how to use the equipment properly. Sign up in the Activity Book! **Complimentary!**

Sports Committee

Next meeting will take place on **Thursday, January 10th @ 2:30pm** in the Clubhouse.

Sports Tournament Schedule 2019

Tennis
Mixed doubles: Saturday, January 19th.
Women's doubles: Saturday, January 26th.
Men's doubles: Saturday, February 2nd.
Mixed doubles: Saturday, February 9th.

Sign up with Jerrry Kortenber at the tennis courts

Table Tennis (Ping Pong)
Tourney play: January - March 2019
Contact: Isabelle Paris, iparis@sympatico.ca

Pickleball
Tourney play: February 11th - 22nd, 2019
Contact: Leesa Carlin, carlinleesa@gmail.com

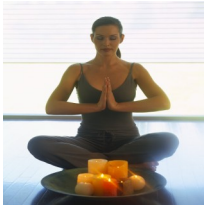
Cardio Dance Party: Each **Wednesday @ 10:15am**. Featuring 30-40 minutes of cardio using upbeat popular music and easy to follow fun dance moves to get your heart pumping!! This 60 minute class also includes core work, upper body weight work and stretching. Please bring 1 to5 pound hand weights, a mat and water with you to class. Participants can choose to not use hand weights if they prefer. Fee $7.00 per class. Taught by Janie Gibson, Certified Group Fitness Instructor. For more information call Janie at 941-735-9370. **No class on January 2nd.**

Tennis Clinics: Isles Resident and Tennis Instructor, Jerry Kortenber hosts weekly Tennis clinics for men and women. Tennis Clinics on **Monday, Thursday 8:30am –10:00am and Saturday 11:30am.** (Free Clinics) -"Season" schedule begins October 15, 2018 through April 15, 2019.

Water Aerobics: Class will begin **@ 10am** each **Monday, Wednesday,** and **Friday.** Low impact and stretching!! Come on out and join us!!!! Cost-**FREE !**

Yoga: Each **Tuesdays @ 10am.** Fee $7.00 per class. Pre-Pay Janie Gibson, BA, Master Personal Trainer, Certified Yoga Instructor. Arrive early for your first class to sign up with instructor. *Class is open to residents ONLY starting October 1, 2018 through April 1, 2019.* **No class on January 1st.**

Mixed Level Yoga Class: Each **Thursday @10:00am.** This class is suitable for all levels and will include options for increasing intensity for those who are ready. Taught by Janie Gibson, Registered Yoga Teacher, Certified Group Fitness Instructor and Personal Trainer. Fee $7.00 per class. Arrive early for your first class to sign up with instructor. *Class is open to residents ONLY starting October 1, 2018 through April 1, 2019.*



CLUBS

BasketBall & Pickeball: Play BBall or Pickleball. Courts are ready. Be sure and sign up at the Bulletin Board near the Bocce courts. BBall and Pickleball cannot be played at the same time!!! No back to back sign-ups.

Bicycle Club: Want to join the bicycle club? Please contact Jim Corso at 921-7909. Many riding adventures are planned.

Bocce Club: Each **Monday @ 9:30 am**. If you want to play on your own, the equipment is located by the Bocce courts.

Book Club: Wednesday, January 9, 2019 @ 7:00pm in the Town Center. Reading- "**The Great Alone**" by Kristin Haunah. Sign up in Activity Book.

Mystery Book Club: **Thursday, January 22 @ 1pm.** Reading- "**Death at la Fenice**" by Donna Leon. Meeting will be held at Tova Fisch's home (Isles Resident). Her address will be listed in the sing up sheet. Sign up in Activity Book.

Bridge Club: Social Bridge is held each **Wednesday @ 1pm** in the Town Center. Isles guests are always welcome.

Card Games: Hand/Foot card games each **Monday @ 1:00pm** in the Town Center. Come and play!

Rummikub Card Game: It is a tile game for 2-4 players, or more combining luck and strategy. Each **Thursdays @ 6:30pm** in the clubhouse. Contact: Diane Hessler-DMHess@aol.com.

Card Group: Plays **Saturday @ 6:30pm** in the Club house. Card Game: **SHANGHAI** ! Come and play!

***New Game*-Mexican Train Dominoes:** Plays each **Thursday @1:00pm** in the Card room. If you have any questions, contact Liz Steiner:estein888@aol.com.

Intermediate Mah Jongg: Intermediate Mah Jongg is played every **Tuesday @ 1:00 pm** in the Main Clubhouse. Please call Julia Alvarez if you're interested in this fun group!! Phone # 941-924-4601.

Kayak Club: The Isles Paddling Association organizes fresh and salt water kayaking adventures for the novice and experienced kayaker. Many excursions include the availability of rental kayaks. If you wish to receive email notifications of upcoming kayaking events, contact Nick Trippodo: ntrippodo@gmail.com

Tennis Club: Tennis Clinics Monday, Thursday (8:30am-10:00am) Saturday (11:30am-1:00pm)-**FREE!**

Ladies Luncheon: *"New Policy"*- Please RSVP with your $10 deposit check to the HOA office by the deadline. If you are bringing a guest, a separate check will be needed by each person. **NO CASH**! You will receive your check back at the restaurant when you arrive. If you are a no show we will process your check.

Ladies Luncheon: Thursday, January 10, 2019 @ 12pm. "Dry Dock" - 412 Gulf of Mexico Dr, Longboat Key, FL 34228. **Sign up by January 7, 2019.**

Ladies Luncheon: Thursday, February 14, 2019 @ 12pm. "Tommy Bahama" - St. Armands Circle, 300 John Ringling Blvd, Sarasota, FL 34236 . **Sign up by February 11, 2019.**

Mens Luncheon: Thursday, January 17, 2019 @ 12pm. " Stottlermyer's Smokehouse"- 19 E Rd., Sarasota, Florida 34240 **Sign up by January 14, 2019.**

Social Singles: Tuesday, January 8, 2018 @ 6pm. "Connors Steak & Seafood" - 3501 S Tamiami Trail, Sarasota, FL 34239. Meet at clubhouse south side parking lot @ 5:30pm if you would like to carpool. **Sign up by December 31, 2018.**

CERT News

A CERT meeting was held on Dec 13th, we discussed treatment for various wounds, applying splints for fractures & dislocations, and logrolling technique to a backboard for neck and back injuries.

There will be no CERT meeting in January as the staff will be planning the meetings and topics for the rest of 2019.

Jim Fonk, IC
jfonk@comcast.net

CERT COMMUNITY EMERGENCY RESPONSE TEAM

UPCOMING EVENTS

Skinny Dip-Frozen Yogurt Bar: Tuesday, January 8, 2019 @ 7:00pm-8:30pm. Offering 50% off. A door prize will be given if 20 or more Isles residents attend. Enjoy an evening with friends and the best "froyo" around. (In the Palmer Ranch Publix/Target Shopping Center.) Sign up in the Activity Book!

Ladies Sip & Dip: Tuesday, January 15, 2019 @ 6:30pm in the Clubhouse. Join us for a fun evening with old and new friends. **Sign up in the Activity Book.**

The Early Bird Special Improv Comedy Troupe: Friday, January 11, 2019 @ 7pm in the Isles Town Center. The Birds, as they call themselves, is comprised of a group of 5-7 experienced improvisers of all ages, each with several years of comedy improvising under their belts. Some of them have experience from Improv theaters in NY, Chicago's 2nd City, and LA. Several members of the group have also appeared in individual stand-up sets at McCurdy's and various other comedy performances.

The troupe will perform a short form Improv which consists of taking suggestions from the audience or draw on some other source of inspiration to get a scene started. From that suggestion, the actors create a whole new, totally unscripted, live, fast, and funny theatre with *audience* participation. A popular example of short form Improv is the TV show: Whose Line is it Anyway? It will make for a night of "Unexpected Comedy at its Best."

Cost: $10pp - Check payable to Isles HOA.
Light refreshments will be provided. BYOB.

Sign up and pay by December 28, 2018
Must have minimum 34 people

Painting with A Twist: Monday, January 14, 2019 @ 1:30pm - 3:30pm. Cost: $35pp – Check payable to Isles HOA. All Materials Provided. Uncork your inner artist! Come enjoy an evening with your friends or fellow neighbors. Bring your favorite wine, beer, soda, snacks, etc. and join the party. The painting is "A Day In The Life."

Location: 5543 Palmer Crossing Cir, Sarasota, FL 34233
Phone # (941) 822-0357

Sign up and pay by January 5, 2019. Minimum 10 - Maximum 22.

Save Our Seabirds Lecture: Monday, January 21, 2019 @ 1:30pm. Join David Pilston, CEO of Save Our Seabirds, he will give us an update of their mission to rescue, rehabilitate, release and educate us on this important organization in Southwest Florida. Responding to over 4,000 birds rescue calls per year learn what they do to help these birds. **Sign up by January 13, 2019. Minimum 12 people. Donations are appreciated!**

Come and enjoy a fun night filled with country music, line dancing, and lots of food. Pam Wingo, dance instructor at the White Buffalo Saloon, is going to teach us how to line dance while her husband DJs.

Food will be catered by "Moes Mexican Restaurant". Taco style bar: Soft and hard taco, chicken & steak, chips & salsa, rice & beans, and toppings.

Chili Contest- Do you think you have the best chili in the neighborhood?? Well here's your opportunity to put it to the test. Bring your favorite chili recipe for your neighbors to taste and judge. The winner will get bragging rights along with a 1st place blue ribbon.

Date: Friday, January 25, 2019

Time: 6pm - 7pm *Food & Chili will be served*
7pm - 9pm *Line Dancing & DJ*

Cost: $16pp – Check payable to Isles HOA.

Sign up and pay by January 15, 2019. Must have a minimum of 30 people.

Bicycles International Bike-O-Rama: Friday, January 25, 2019 @ 9am - 11am at the Isles Town Center (North side parking lot), 9:00am - 11:00am. Get some coupons and have them check out your bike for safety. They will bring bike mechanics to teach the 5 checks you should be doing every time you ride! The good news is that these inspections are quick and easy, taking a couple of minutes. By checking your bike for most mechanical failures, you'll be taking some very effective steps to ensure your own safety each time you go out. Check them out at: www.bicyclesinternationalfl.com. **Sign up in the Activity Book by January 18, 2019. Complimentary!**

UPCOMING EVENTS

Travelogue Experience: Join speaker Ken Erb as he takes us on an armchair visit to the United Kingdom & New Zealand. An in depth travel experience that will make you feel like you are there. Ken has travelled to over 100 countries and is well seasoned in international traveling. **Complimentary! Minimum 10 people.**

United Kingdom- Monday, January 28, 2018 @ 1:30pm. **Sign up by January 21, 2019**

Hearing Clinic: Dr. Lyndsey Nalu will check your hearing, remove wax, and adjust hearing aids. Sign up in Activity Book. Space Limited. **Complimentary!**

2019 Hearing Clinic Dates:
Thursday, January 31 2:30pm-4:00pm
Thursday, February 28 2:30pm-4:00pm
Thursday, March 28 2:30pm-4:00pm
Thursday, April 18 2:30pm-4:00pm

Stamp Class: Monday, February 4th @ 1pm - 3pm at the Isles Clubhouse. Come and join Susi Brunk (Isles Resident) as she shows us how to stamp cards. Beginners or experts are welcomed. In this class, you will be making 8 cards of 4 different themes.

Cost: $15 per person (supplies included) - check payable to the Isles HOA

Must sign up and pay by January 28. Minimum 5 ppl - Maximum 10 ppl.

Ghost & Gruesome Tour (Hosted by Key Culinary Tours): Thursday, February 7, 2019 @ 7:00pm - 8:30pm (Tour starts promptly @ 7:15pm). Are there ghosts in Sarasota? Are there unsolved or intriguing murder cases? Absolutely! Join this dark and creepy 75 minute walk to hear what we found out when we went exploring the dark streets of Sarasota at night!

Location: Meet your guide at the "Sarasota Deco" sculpture on the NE corner of Central Avenue & Main St, Five Points, Sarasota, FL 34236

Cost: $22.50pp (includes gratuity)- Cash Only! Wear comfortable shoes.

Sign up and pay by January 21, 2019. Minimum 10 ppl-Maximum 20 ppl.

Oscar Scherer State Park Speaker: Monday, February 11, 2019 @ 1:30pm in the Isles Clubhouse. Come and learn about your neighborhood State Park! Representative, Ryder Hochmuth will be talking about a wide range of topics such as the park's ecosystem, wildlife, conservation efforts, different recreational activities, upcoming park events, and volunteer opportunities. During this time you will learn about the habitat of the threatened Florida scrub-jay & gopher tortoise, be introduced to how we use prescribe fire as a resource management tool and why its beneficial to our environment. Time will be left at the end for anyone to ask questions about Oscar Scherer State Park. **Sign up by Monday, February 4, 2019. Minimum 10 people. Complimentary!**

Opera House Tour: Monday, February 18, 2019 @ 1:30pm Always wonder what goes on behind the scenes at the Opera House. Well, here's your chance to get a closer look. This tours provides an interesting look at the past of the historic building and a glimpse at backstage workings of the opera company. The tour last two hours, wear comfortable shoes. Cost: $12pp- Check payable to the Isles HOA. **Sign up and pay by February 10, 2019.** Minimum 10 ppl.

Las Vegas Style Fun Night

Come and try your luck. This event is for entertainment purposes only.

Event Date: **Thursday, February 21st @ 6-9pm**

Cost: $30pp - Checks payable to Isles HOA

Prizes given at the end of evening.
Hors d'oeuvres served! BYOB!

Game Tables: Roulette, Craps, Blackjack

Sign up and pay by January 2nd – Need a minimum of 60 people to book event

RULES & REGS CORNER

Rules & Regs Committee
The Facilitators

While it is true that local rental ordinances are varied and sometimes confusing, the rules for leasing your property in The Isles are straightforward as set forth in Article IX, Sec. 5, page 52 of the association documents.

There is a minimum rental period of four consecutive months. This rule is strictly enforced!

The entire home must be rented--no leasing of rooms at any time.

All leases must be submitted to the HOA not less than 20 days prior to being effective.

The homeowner is liable with their tenant for any property damage caused by the renter.

The proliferation of such websites as Airbnb, VBRO etc. may encourage some residents to offer their homes for rent. That is their prerogative, but they must abide by the four month minimum as well as the other rules.

It is very important to the stability of The Isles that we maintain minimum standards for rentals.

We anticipate and appreciate your usual cooperation.

Next R&R meeting: January 15th @ 9am in Town Center
All are welcome!

Robert Brosnan-Chairman

GROUNDS CORNER

Grounds Committee
The Green Thumbs….Grounds Committee

Next meeting will take place on **Thursday, January 3rd @ 1pm** in the Clubhouse.

Sicilian Wines & Small Bites:
Friday, February 15th @ 6:30pm in the clubhouse. Join us for an evening of Sicilian wines and Sicilian street food. Stroll the lively side of Sicily with returning Chef Jeanne Dyson and Susanna Wriston (Wine Sommelier) as you savor the special evening.

Cost: $45 pp - Check payable to the Isles HOA

Menu

- Mini Arancini (these are stuffed Arborio Rice Balls. Breaded and fried.. served on ferries and in Streets all over Sicily)
- Eggplant Caponata with Crostini (classic Sicilian eggplant dish)
- Shrimp with Pesto Trapanese (a sundried tomato and almond pesto unique to Sicily)
- Casarecci Arrabiata (a twisted classic pasta with spicy tomato sauce)
- Involtini Salmoriglio (Stuffed Pork Bundles with typical Sicilian Lemon , Garlic, Herb Sauce)
- Sfincione (a Sicilian focaccia or pizza with Caramelized Onion, Anchovy, Chopped Tomato and Sicilian Cheese Shavings)

Served with 7 wines: 3 whites, 3 reds, and dessert wine.

Sign up and pay by February 6, 2019 – Minimum 20 and Maximum 26.

MONTHLY ACTIVITIES

Popcorn & Movie: Wednesday, January 16th @ 8pm. Showing **"Mama Mia 2"** is a 2018 jukebox musical romantic comedy. It is a follow-up to the 2008 film *Mamma Mia!* Both a prequel and a sequel, the plot is set after the events of the first film, and also features flashbacks to 1979, telling the story of Donna Sheridan's arrival on the island of Kalokairi and her first meetings with her daughter Sophie's three possible fathers. The film features an ensemble cast, including Amanda Seyfried, Cher, Lily James, Pierce Brosnan, Colin Firth, Christine Baranski, Meryl Streep. (Rated PG-13). BYOB. Popcorn Served. **Complimentary!**

Birthday Club: All residents with birthdays in January, February, and March will be honored on **Friday, March 22, 2019 @ 1:30pm** in the card room. Sign up in Activity Book. Spouses and children welcome! **Complimentary!**

ODDS & ENDS

Adult AED Two Automated External Defibrillators are on the Isles property, one is installed in the men's restroom at the Tennis Courts. The other is installed in the Town Center (Main Room)

ADT Number (New Number) 1-800-878-7806
To reach our Community Association Service Center for Customer Care, Services, Sales, System Testing, and Technical Support. Call the above number.

Architectural Change Requests They will be reviewed by the ACC board and you will be notified of the decision.

Comcast Number Technical or Support issues call the Comcast Call Center. 800-266-2278. (Make sure you have your account number or phone number ready to give).

Disposal of Fire Extinguishers Household Chemical Collection Center is open Wednesday—Saturday, Hours 8am-4pm. 8750 Bee Ridge Road, Sarasota. They may be reached at 861-5000.

DiVosta Customer Number A new "Centralized Customer Service Department" for DiVosta Customer Relations has been established with a toll free number. **1-888-898-9712**

The Isles After Hours Number
After hours or weekends the emergency number for the common areas is - **941-951-4034** An answering service will notify appropriate management.

Tennis Reminder: When using the tennis courts we ask all players to shut the tennis gates behind them and not use the dead bolt to block the bathroom doors open at the tennis courts. If you sign up and are unable to play, please remove your name from that time slot.

Yard Waste/Debris If you have palm fronds, branches that you have trimmed, place them on the opposite side of your driveway from your garbage or recycling on Tuesday evening after 5pm for pick-up on Wednesday. Waste Management #941-493-4100

Work Orders "Landscape Work Orders" must be filled out for all landscaping requests. The forms are located in the post office or on Isles Activities desk Drop box is available in the post office. All other requests pertaining to the house itself can be directed to your DIVOSTA Customer Relations Manager. **Reminder**-"Work Orders" will be addressed within 30 business days.

GARDEN CORNER

Updates from BrightView Landscape Services

January 2019

The New Year is right around the corner, and with it are the cooler daytime temperatures and nights. The cooler temperatures have certainly slowed the growth of turf and plant material. We will continue to be diligent in providing the quality work needed to keep the neighborhood looking its best.

The turf will continue to be monitored for insects, but it is less likely to show signs because of the lack of stress from reduced temperatures. With the reduced rainfall, irrigation will be checking for hotspots and assuring these areas are fixed.
The cooler temperatures will bring an increased possibility for some turf related fungus which we will be keeping a very close eye on for you.

Mowing will be an alternating weekly service and will include all the usual suspects, mowing, blowing, weed eating, with soft and hard edging.

The detail crews will remain hard at work to keep your shrubs beautiful for the season. Keep in mind that if ornamental lights are added to shrubs, that they will be skipped until they are removed.

Finally, I want to wish all of you a very Happy Holiday Season!

BrightView appreciates your loyalty and commits to creating a beautiful place to live.

Matt Sievert
Account Manager

Welcome Back! Wine Sharing/ Tasting: Tuesday, February 12, 2019 @ 6pm - 8pm at the Isles clubhouse. Join us for an Isles wine tasting social. Enjoy a glass of wine and hors d'oeuvres (provided) while catching up with new or old friends. Bring your favorite wine to share with others! One bottle per couple/family. Write a "simple tasting note" about the wine you brought so others can learn about the wine before sampling.

Cost: $10pp– Check payable to Isles HOA.

Drop off your bottle of wine the day before the event so we can organize and display with your "tasting notes". **Sign up and pay by February 5, 2019.**

UPCOMING EVENTS

Ladies Luncheon/Fashion Show:
Thursday, March 14 @ 12pm
Venetian River Club
502 Veneto Blvd.,
North Venice, FL 34275
941-412-9550

Cost: $26 pp (all inclusive) - Check payable to the Isles HOA. **Sign up and pay by March 1, 2019.**

Fashion by Panache
DOOR PRIZES

MENU

Florida Salad: Mixed Field Greens with Cucumber, Candied Walnuts, Strawberries and Crumbled Feta with Pear Vinaigrette & Balsamic Drizzle Rolls and Butter.

Entrée: (Select One)

- Herb Roasted Salmon: Marinated in an Herb Vinaigrette served over Lemon Risotto with Chef's Seasonal Vegetables
- Vodka Chicken Parmesan: Crisp Breaded Chicken Breast Topped with our Vodka Blush Sauce and Fresh Mozzarella served over Fettucine with Chef's seasonal vegetables
- Penne Pasta Al Fresco: Penne Pasta tossed with basil, tomatoes and mozzarella nocellini

Dessert: Wild Berry Shortcake with Fresh Whipped Cream

INCLUDES ONE GLASS OF HOUSE WINE

ISLES 2019 FINAL FILM FESTIVAL BY TOVA FISCH

To All Film Lovers

It is now the beginning of "The Season" and although I have recently returned to Sarasota to escape the Canadian winter, I wanted to let you know that I have been thinking about and planning our **11th Annual Isles Film Festival**. Mark on your calendars, the following dates: **Wed. Feb 27, Thurs. Feb 28 and Fri. March 1.**

With the closing of Video Renaissance, a jewel for film lovers, I did not know if I could put together a film festival. The end of my contemplating, creative thinking and soul searching was that I will be able to put on one more film festival.

If you love films, and if you have friends who love films, I STRONGLY encourage you to spread the news that ALL are invited to this last event. Let's make it one big party. Gus Mollasis, Sarasota's resident film guru will join us.

Tova Fisch

Watch for details on the films! 6 Films- (2 showings per day at 2pm & 7pm) (Come to all 6 or chose the ones you like)

Two films listed below!

1945 - A small town in Hungary is getting ready to celebrate a marriage . At the train station, 2 Jewish men arrive with boxes. Their arrival throws the citizens of the town into turmoil *bringing up long buried memories.*

BLACK47- A soldier from the British army comes homes to his native Ireland in the midst of the great famine *and discovers the British role in this.*

$15 per person (Checks payable to ISLES HOA)
Opening Night Gala- Wednesday February 27 @ 6pm.

Wine and appetizers served.

SIGN UP NOW !

Deadline Wednesday, February 20, 2019.

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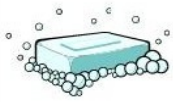
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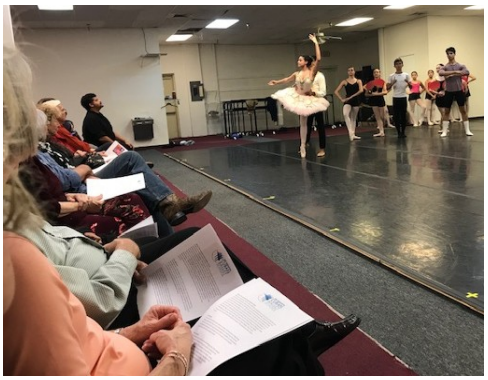
A DAY At The Isles



Happy New Year!

2019

Cuban Ballet - Kayaking at Little Manatee River - Thanksgiving Dinner - Tennis Social - Ladies Holiday Luncheon - CERT - Isles Holiday Party -