



# THE ISLES

## Inside Edition

September 2017

Isles of Sarasota H.O.A.  
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### Hurricane Season is Reaching Its Peak

#### Be Prepared!

As we reach the peak season months of September and October, the Atlantic will become more active. Check your supplies and be prepared for any weather related emergency.



Part of that preparedness is creating a disaster kit.

This should include the items necessary to survive least three days without electricity or running water.

#### Suggested Emergency Supply Kit

- Water-one gallon per person per day
- Batteries-for flashlights, cameras, radios, portable televisions
- Fuel-for cars, chainsaws, generators
- Cash-as ATMs, banks and stores may not accept credit cards/checks
- Medication/prescription drugs
- Non-perishable foods, non-electric can opener
- First Aid Kit
- Tools such as chainsaw, hammer, nails, crowbars
- Coolers for ice and food
- Food and supplies for pets
- Emergency and family/neighbor phone numbers
- Toiletries
- Trash bags
- Camera
- Chairs, pillows, blankets
- Maps of evacuation routes/local shelters
- Have a shuttering system for windows and doors
- Spray paint
- Necessary important personal papers/identification

# CLASS SCHEDULE

**YOU MUST SIGN UP IN ADVANCE IN THE ACTIVITY BOOK FOR ALL THE CLASSES LISTED BELOW**

**Cardio Sculpt: Each Friday @ 9:30am.** Will feature 30-40 minutes of cardio using 1 to 5 pound hand weights combining aerobic activity with sculpting of the entire body. The 60 minute class also includes core work and stretching. Please bring 1 to 5 pound hand weights, a mat and water with you to class. Participants can choose to not use hand weights if they prefer. Classes will be each Friday @ 9:30am unless otherwise noted. Pre-Pay 4 classes for \$20 or \$5 per class. Taught by Janie Gibson, Certified Group Fitness Instructor. Arrive early to sign up with instructor.

**Fitness Equipment Orientation:** Thursday, September 21, 2017 @ 2:45pm-4:15pm. Personal Trainer, Janie Gibson will show us how to use this equipment. Groups of 4 –6 per 45 minutes. Sign up in the Activity Book! **Effective October 2017 new time** for Fitness Equipment Orientation. It will now start at **11:30am** on 3rd Thursday of each month. Sign up in Activity Book!

## SIGN UP FOR OUR NEWSLETTER

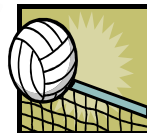
Do you want to hear about the news on Palmer Ranch first hand? If so, simply visit our website: [www.PalmerRanch.net](http://www.PalmerRanch.net).

At the bottom of the home page, simply click on 'Sign Up For Our Newsletter.' You'll then be asked to provide your email address and first name.

## Sports Committee

Next meeting—September 14, 2017 @ 2:30pm. Town Center. All residents are welcome to attend.

Suzanne Brosnan  
Sports Chair



**QiGong For Everyone: Effective COB September 11, 2017 Monday and Saturday classes will no longer be in session. Watch for further details in March 2018.** Classes each Monday @ 9:30am. and Saturday @ 10:30am. Taught by Isles resident Dr. Robin Shapiro. Cost is \$5 per class.

## **Cardio Dance Party: Wednesday**

**10:15am** –Featuring 30-40 minutes of cardio using upbeat popular music and easy to follow fun dance moves to get your heart pumping!! This 60 minute class also includes core work, upper body weight work and stretching. Please bring 1-5 pound hand weights, a mat and water with you to class. Participants can choose to not use hand weights if they prefer. Fee-\$5.00 per class or 4 classes for \$20.00 Taught by Janie Gibson, Certified Group Fitness Instructor. For more information call Janie at 941-735-9370.



**Tennis Clinics:** Isles Resident and Tennis Instructor, Jerry Kortner hosts weekly Tennis clinics for men and women. Tennis Clinics on Monday, Thursday 8:30am –10:00am and Saturday 11:30am. (Free Clinics)



## **Water Aerobics: New Time –**

**9:30am!** Low impact and stretching!! Each Monday, Wednesday & Friday. Come on out and join us!!!! Cost—**FREE**



**Yoga: Tuesdays @ 10am** -\$20.00 for 4 classes or \$5 per class. Pre-Pay Janie Gibson, BA, Master Personal Trainer, Certified Yoga Instructor. Arrive early for your first class to sign up with instructor. **Effective October 1, 2017 through March 31, 2018 class open to Isles residents only, no guests.**



**Mixed Level Yoga Class:** Each Thursday @ 10:00am. This class is suitable for all levels and will include options for increasing intensity for those who are ready. Taught by Janie Gibson, Registered Yoga Teacher, Certified Group Fitness Instructor and Personal Trainer. Class fee \$5 per class or 4 classes for \$20. Arrive early for your first class to sign up with instructor. **Effective October 1, 2017 through March 31, 2018 class open to Isles residents only, no guests.**

## CLUBS

**BasketBall & Pickleball:** Play BBall or Pickleball. Courts are ready. Be sure and sign up at the Bulletin Board near the Bocce courts. BBall and Pickleball cannot be played at the same time!!! No back to back sign-ups.

**Bicycle Club:** Want to join the bicycle club? Please contact Jim Corso at 921-7909. Many riding adventures are planned.



**Bocce Club:** Summer Break! Watch for details in the fall! If you want to play on your own the equipment is in Fitness Center in storage box. Sign out and return when play is completed.

**Book Club:** Wednesday, September 13, 2017 @ 7pm. Reading “**The Rent Collector**” by Cameron Wright. Sign up in the Activity Book. (Bring reading suggestions for the upcoming season) Town Center

**Mystery Book Club:** Summer Break! Next meeting October 26, 2017 @ 10:30am. Book is “**Deception On His Mind**” by Elizabeth George. Location: TBD. November 30, 2017 @ 10:30am. “**Patriot Threat**” by Steve Barry. Sign up in the Activity Book.

**Bridge Club:** Social Bridge is held each Wednesday afternoon at 1:00 p.m. at the Town Center. Isles guests are always welcome.

**Card Games:** Hand/Foot card games each Monday @ 1:00pm in the Town Center. Come and play!



**Care Group:** Summer Break! Watch for details in the fall!

**Intermediate Mah Jongg:** Intermediate Mah Jongg is played every Tuesday 1:00 pm in the Main Clubhouse. Please call Julia Alvarez if you're interested in this fun group!! 924-4601.



**Investment Club:** Summer Break! Watch for details in the fall.

**Kayak Club:** The Isles Paddling Association organizes fresh and salt water kayaking adventures for the novice and experienced kayaker. Many excursions include the availability of rental kayaks. If you wish to receive email notifications of upcoming kayaking events, contact Nick Trippodo: [ntrip-podo@gmail.com](mailto:ntrip-podo@gmail.com)

**Ladies Luncheon:** Thursday, September 14, 2017 @ 12pm. “**Dockside Waterfront Grill**” 509 N. Tamiami Trail, Venice 34285 (941-281-6418) Sign up by Monday September 11, 2017.



**New Policy**— Please RSVP with your \$10 deposit check to the HOA office by the deadline. If you are bringing a guest, a separate check will be needed by each person. **NO CASH!** You will receive your check back at the restaurant when you arrive. If you are a no show we will process your check.

**Tennis Club:** Tennis Clinics, Monday, Thursday (8:30am-10:00am) and Saturdays (11:30am—1:00pm). Free! (In Season play begins October 15, 2016 ends April 15, 2017 - see schedules posted on Tennis Bulletin Board)



**Men's Luncheon:** Thursday, September 21, 2017 @ 12pm. “**Nokomo's Sunset Hut**” 690 S. Tamiami Trail Nokomis, FL 34275. (941-488-1324) Sign up in the Activity Book.

**Poker Club:** Each Tuesday, in the card room @ 1:30pm Contact George Risbano @ 927-3272.

**Social Singles:** Tuesday, September 12, 2017 at “**Miguels**” @ 6631 Midnight Pass Road, Sarasota 34242. 941-349-4024 Leave clubhouse at 5:30pm. Dinner reservations at 6pm. Sign up in the Activity Book by Friday, September 8, 2017.

**October 3, 2017 (Tuesday) at Asaro's @** 2454 Laurel Road, Nokomis, 34275. 941-485-5959. Leave clubhouse at 5:30pm. Dinner reservations at 6pm. Sign up in the Activity Book by Friday, September 29, 2017.





## UPCOMING EVENTS

**Hearing Clinic:** Next clinic Thursday, September 7, 2017. 2pm-4pm. Sign up in the Activity Book. Space limited. Dr. Lyndsey Nalu, will check your hearing, remove wax and adjust hearing aids. Complimentary!



**Behind The Curtain-Venice Theatre:** Monday, September 11, 2017. Tour starts at 10:30am promptly. **Complimentary!** **For all the magic-see Backstage**, the Scene Shop; the Costume Shop; Rehearsal Halls; The Control Rooms. Find out what happens during the 22 hours a day when we are not doing a show!!!! Venice Theatre (140 W. Tampa Ave, Venice Fl 34285, 941-484-4033 ext 251) Sign up in the Activity Book by Thursday, September 7, 2017. **(Minimum 10- Maximum 25).**

**BACK  
STAGE**

**Skinny Dip-Frozen Yogurt Bar:** Tuesday, September 12, 2017. 7:00pm-8:30pm. Offering 50% off. A door prize will be given if 20 or more Isles residents attend. Enjoy an evening with friends and the best "froyo" around. (In the Palmer Ranch Publix/Target Shopping Center.) Sign up in the Activity Book!



**Wine Sharing Social:** Thursday, September 14, 2017- 5:30pm-7:30pm! Bring a bottle of wine you enjoy that you would like to share with others! One bottle per couple/family. Write a **"simple tasting note"** about the wine you brought so it will help others to select a sample of interest to them. Enjoy a glass of wine, and some light appetizers. \$5 per person (cash) (Paper products & appetizers supplied). Drop your bottle of wine off the day before so we can organize and display with your "tasting notes". Sign up by September 8, 2017! Minimum 25 persons!



**Ladies Night Sip & Dip:** Tuesday, September 26, 2017 @ 6:30pm. Join us for a fun evening meeting old and new friends. Sign up in the Activity Book!



**Oktoberfest:** Thursday, September 21, 2017 5:30pm-8:00pm. \$14.00pp.(Checks Only Payable to Isles HOA). Join us for brats, beer and music. Beer courtesy by **"On Time Pool Service"**, Kirk Bradley. (Last beer call @ 7:30pm) Catered by **"Word of Mouth"**.



**Menu:** Pretzels & Mustard; Kitchen Sink Salad with balsamic dressing; Bratwurst and sauerkraut, potato pancakes with apple-sauce/sour cream. Dessert: Apple Cobbler. **Deadline to sign up: Friday, September 15, 2017.** Minimum 25 folks.

### **Fallen Pine Miniature**

**Horse Farm:** Thursday, October 19, 2017, tour starts at 11:00am. "Off the beaten path" in Sarasota, visit the Fallen Pine Farm of miniature horses. It was founded in 1978 when Norm and Judy Middleton bought five acres and three miniature horses to run with their four quarter horses in eastern Sarasota County. Over the years, their ranch grew to its current 40 acres and over 100 miniature horses. Today, the farm is home to many national champions and quality horses, many of which are offered for sale. Sign up in the Activity Book by October 12, 2017, **\$5 per person. (Cash)**. Judy is an amazing tour guide and knows the names of all her horses as she guides us through this wonderful tour and you get to meet the horses up close as they walk beside you! Bring a treat for them! Make sure you bring your water. Address: 16626 Winburn Drive, Sarasota, Fl 34240 (941-322-1897)



# UPCOMING SPECIAL EVENTS

**Who Dunit? Halloween Murder Mystery Party!** Saturday,

October 28, 2017 @

6:30pm. Town Center. "It's the

height of the Jazz Age, and social

revolution is afoot. " The age of

Prohibition—and of bootleggers

and gangsters. Club owner Felix

Fontano, the son of a successful

bootlegger and crime boss—and a successful

businessman himself—is throwing a private

party for a select group of friends. It is a night

of revelry like many other nights enjoyed by

this group of sophisticates, artists and hood-

lums.....until things .....**GO HORRIBLY**

**WRONG!** Join us for this murder mys-

tery event and help solve the crime! Sign

up by Friday, October 20, 2017. Cos-

umes Optional! Light Appetizers and

soft drinks served. BYOB! Tickets \$6pp

(cash) . Sign up in the Activity Book!

Minimum 30 folks to have party.



**Trick-Or-Treat For The Kids:**

Monday, October 30, 2017. 5:30pm-

6:30pm @ the Town Center. Goody

bags! Fun games, refreshments and cos-

tume contest! Ages 1-10 years old! Sign up in the Activ-

ity Book by October 25, 2017. **Minimum 10 kids to**

**hold party!**



**SAVE THE DATE**



**Isles Holiday Party**

**Friday, December 15, 2017**

**Watch For Further Details!**

**Happy Holidays!**

**THE ISLES**

**ARTS-CRAFTS FAIR**  
**Town Center**



**SAVE THE DATE!**

**Saturday**

**November 4, 2017**

**9am-1:00pm**

**Minimum 12 Booths**  
**To Hold Event**



**Sign Up In The Activity Book**

**By**

**October 23, 2017 -If you plan a table**

**\$5 For Table Or Bring Your Own!**

**Isles Holiday Tour Of**  
**Homes**



**Volunteers Needed!**

Right around the corner, and we are looking for volunteers to show their homes for the holiday season.

We are looking for homes that owners would like to showcase any changes you made to your home, in the holiday spirit with decorations or just to show your great home!!!



**Sunday, December 10, 2017**  
**1:00-3:00pm**

**(Would like to have 5 homes)**  
**Watch for further details!!**

**Join the "Holiday Spirit"**  
**(Contact Roz @922-1892 )or email**  
**roz@argusgmt.com**

## RULES & REGS CORNER

### Rules & Regs Committee *The Facilitators*

**Next meeting Tuesday, September 19, 2017  
@ 9:00am in the Card Room at the Town Center.**

**All residents are welcome to attend.**

**Robert Brosnan**  
**Committee Chair**

### Architectural Change Committee



**Next meeting Wednesday, September  
13, 2017, 1:00 pm at the Town Center.**

**All residents are welcome to attend.**

**Carol Solomon**  
**Committee Chair**

## GROUNDS CORNER

### Grounds Committee *The Green Thumbs*

#### Time for Rejuvenation

The clubhouse, as the central structure in our community, is an area that we are proud of and enjoy coming to. In time, however, most things need a 'facelift' – and when the foundation plantings became an incoherent mass of struggling and declining plant material it was time to consider the best approach for improving the appearance. The committee worked with BrightView's Regional Designer in the approach and selection of plant material. Some things were a given – the '*Reclinata*' palm as the focal point and the Confederate Jasmine for its lovely flowers and fragrance (although it's a bit like an unruly child – we love it dearly, but it can be a challenge to keep in bounds.) So, the '*Reclinata*' was trimmed, jasmine was pared back, fresh plants added for color and Imperial Bromeliads added as accents along with evergreens for structure.

Next Grounds Committee Meeting September 14, 2017

"I don't divide architecture, landscape and gardening; to me they are one." .... Luis Barragan

## MONTHLY ACTIVITIES

**Popcorn & Movie:** Wednesday, September 20, 2017 @ 8:00pm. **"Going In Style"** with Morgan Freeman, Michael Caine, Alan Arkin and Ann Margaret. Comedy-PG 13. **Plot Summary**



Lifelong buddies Willie (Morgan Freeman), Joe (Michael Caine) and Albert (Alan Arkin) decide to buck retirement and step off the straight-and-narrow when their pension funds become a corporate casualty. Desperate to pay the bills and come through for their loved ones, the three men risk it all by embarking on a daring adventure to knock off the very bank that absconded with their money. Hosted by Julia Alvarez. Popcorn served. BYOB. Sign up in the Activity Book.

**Birthday Club:** All residents with birthdays in July, August September 2017 will be honored on Friday, September 22, 2017 @ 1:30pm in the card room. Sign up in Activity Book. Spouses and children welcome!



**CERT:** Interested in joining CERT, contact Paul Hersey, Isles Incident Commander.  
Email: pwh.asoc@comcast.net



## ODDS & ENDS

**Adult AED** Two Automated External Defibrillators are on the Isles property, one is installed in the men's restroom at the Tennis Courts. The other is installed in the Town Center (Main Room)

**ADT Number (New Number) 1-800-878-7806**

To reach our Community Association Service Center for Customer Care, Services, Sales, System Testing, and Technical Support. Call the above number.

**Architectural Change Requests** They will be reviewed by the ACC board and you will be notified of the decision.

**Comcast Number** Technical or Support issues call the Comcast Call Center. 800-266-2278. (Make sure you have your account number or phone number ready to give).

**Disposal of Fire Extinguishers** Household Chemical Collection Center is open Wednesday—Saturday, Hours 8am-4pm. 8750 Bee Ridge Road, Sarasota. They may be reached at 861-5000.

**DiVosta Customer Number** A new "Centralized Customer Service Department" for DiVosta Customer Relations has been established with a toll free number. **1-888-898-9712**

**The Isles After Hours Number**

After hours or weekends the emergency number for the common areas is - **941-951-4034**  
An answering service will notify appropriate management.

**Tennis Reminder:** When using the tennis courts we ask all players to shut the tennis gates behind them and not use the dead bolt to block the bathroom doors open at the tennis courts. If you sign up and are unable to play, please remove your name from that time slot.

**Yard Waste/Debris** If you have palm fronds, branches that you have trimmed, place them on the opposite side of your driveway from your garbage or recycling on Tuesday evening after 5pm for pick-up on Wednesday. Waste Management #941-493-4100

**Work Orders** "Landscape Work Orders" must be filled out for all landscaping requests. The forms are located in the post office or on Isles Activities desk. Drop box is available in the post office. All other requests pertaining to the house itself can be directed to your DIVOSTA Customer Relations Manager. **Reminder-**"Work Orders" will be addressed within 30 business days.

## GARDEN CORNER

### Updates from BrightView

September 2017

The summer season is dragging on, and has been an extreme challenge for us due to the heat and rain. The warmer temperatures have increased the growth of turf and plant material, and the increase in rain has also contributed to the overall health of the turf and plant material.

The rain has also had a negative effect on weed control in the beds. The increased rain has sped up the germination of dormant weed seeds, and also makes the spraying of the weeds ineffective on many days due to the fact that the weed control is washed off of the weeds before it can be fully effective.

You should expect to see more weeds than normal in your beds, but we will continue to be diligent in providing the quality work needed to keep the neighborhood looking its best.

The turf will continue to be monitored for insects, and I believe we have kept the chinch bug damage to a minimum this year. We are hoping for continued rainfall this month, but irrigation will be checking for hotspots and assuring these areas are fixed. The irrigation is being cut back to 1 day per week to try and help with the issue between some of the homes.

The warmer temperatures have decreased the possibility of fungus being an issue, but we will continue to monitor the situation for you.

Mowing will be a **weekly** service and will include all the usual suspects, mowing, blowing, weed whip and hard surface edging. Bed edging is completed every other mow.

The detail crews are currently trimming and will remain hard at work to keep your shrubs beautiful for the season, and will be focusing on weeds in the beds, and keeping palm fronds away from homes and lanai screens.

BrightView appreciates your loyalty and commits to creating a beautiful place to live.

Matt Sievert  
Account Manager

TRAVEL NEWS

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UPCOMING DAY TRIPS FALL-WINTER 2017SAFARI WILDERNESS - LAKELAND

Tuesday, October 24, 2017  
\$110.00 per person

Arrive at Safari Wilderness Ranch located outside of Lakeland for a rare and unique experience in a world far away from the bustle of civilization. Here you feel the silence, enveloped by an open vista of grazing animals surrounded by cypress domes and bay trees. Enjoy natural hands-on encounters on a two hour guided safari with knowledgeable and experienced guides that will tour you through large herds of exotic game on over 260 acres of pristine wilderness in customized safari vehicles, fitted with shade canopies and stadium seating so you can view our wild game. Following our morning adventure we'll travel to the well-known Fred's Market. Enjoy the unlimited buffet!

MT DORA CRAFT FESTIVAL

Saturday, October 28, 2017  
\$52.00 per person

Arrive in Mt. Dora and spend about 4 ½ hrs shopping on the streets of the renowned Annual Craft Festival. The festival features over 350 craftsmen and artists and is rated in the top 100 craft shows in the nation. Lunch will be a Dutch treat, with numerous food vendors and restaurants participating with a variety of delicious cuisine. Then on the trip home, we will make a stop enroute to the Russell Stover Candy Outlet to indulge in a great variety of candy which is available for sale.

THANKSGIVING DINNER  
AT THE TRADEWINDS  
ST. PETERSBURG

Thursday, November 23, 2017  
\$88.00 per person

Arrive at the Tradewinds Island Grand Resort in St. Petersburg Beach. Enter into a Tropical Paradise, with a lush 8000 sq. ft. atrium lined with two parallel rows of eight, 23 ft majestic palm trees. Indulge in a fabulous Thanksgiving Buffet in the beautiful ballroom. Begin with the Salad Station and a wide variety of salads, soups and seasonal fruit. Enjoy the Pasta Station and the Ice Carvings Station with Shrimp Cocktail and Crab Claws, then indulge in the entrees with Traditional Turkey with trimmings and many delicious entrees. Complete your feast with a Viennese Dessert Table. Following dinner, step outside to view this Tropical Island Hideaway with meandering waterways shaded by abundant vegetation and white swans or take a stroll out to the beach. Following our Thanksgiving feast and enjoying leisurely resort views, we'll board the motorcoach to take a drive through the streets of St. Petersburg to see the ever changing downtown community before departing for home.

(Visit the website for many more interesting trips in the US and Abroad)

Qi Gong Classes

Effective September 18, 2017 the  
Monday and Saturday classes will no  
longer be in session.

Watch for further details  
March 2018.

氣功  
qi gong



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**HEARING CLINIC SCHEDULE**

**September 7, 2017**  
**October 12, 2017**  
**November 9, 2017**  
**December 2017 Holiday Break!**

Thursday from 2pm-4pm.  
Sign up in the Activity Book!  
Space limited!  
**Complimentary!**



**CABINET DOORS**

*Delaminating?      Peeling?*

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# A DAY At The Isles



**BIRTHDAY CLUB**

**SPEAKER  
JOHN SCALZI**



**KAYAK CLUB**



**BICYCLES INTERNATIONAL  
BIKE CHECK-UP**



**ECLIPSE—Pictures By Isles Resident Guy Spencer**